



* Required Information

Well-being at Work Survey

Welcome to the Well-being at Work Survey!

Press the lower right button that says "Next" to go to the next page of the survey.

^{(1.} How old are you? (Click the box to select your age) (Select one option)
O Less than 18
O 18 O 19
O 20 O 21
O 22 O 23
2425
O 26 O 27
O 28 O 29
O 30 O 31
3233
3435
3637
3839
O 40 O 41
4243
4445
4647
4849
5051
5253
5455
5657
5859
O 60 O 61
6263
6465
6667
6869
7071
7273

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74
75
76
77
78
79
80
More than 80
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\textbf{NOTE}: \texttt{IF} \texttt{ ANSWER} \texttt{ TO} \texttt{ Q1} \texttt{ is}
Less than 18 Stop, you have finished the survey 18 Go to Page No. 2
19 Go to Page No. 2
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80 Go to Page No. 2
More than 80 Go to Page No. 2
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* ^{2.} Dear Employee,

The Well-being at Work Survey is based on a survey designed by the Harvard
T.H. Chan School of Public Health and aims to better understand the well-
being of employees at this factory. Please select below whether you agree to
participate in the survey. (Select one option)

	participate in the Survey. (Select one option)
C) Agree
C	Disagree

 ${f NOTE}:$ IF ANSWER TO ${f Q2}$ is Agree Go to Page No. 3

Disagree Stop, you have finished the survey

* 3. Which factory do you work at? (Select one option)				
 Factory A Factory B Factory C Factory D Factory E Other (Please specify) 				

What area of production do you work in? (Select one option)
Sewing Cutting Dry processes Special finishes Washing/Laundry Ironing Finishing Embroidery Other (Please specify)
Which of the following titles best describes your job position? (select one option) Operator Supervisor Trainer Coordinator Quality auditor Area chief Manager Assistant/Help Loader Mechanic Technician Checker None of the above

* 6. How long have you worked at this factory? (Select one option)	
 Less than 6 months More than 6 months and up to 1 year More than 1 year and up to 3 years More than 3 years and up to 5 years More than 5 years and up to 10 years More than 10 years 	
* 7. How many days per week do you usually work at this factory? (Click on the box to select answer) (Select one option)	
O 1 day O 2 days O 3 days O 4 days O 5 days O 6 days O 7 days	
* 8. How many hours do you usually spend at the factory on a typical work day (from the time you arrive until the time you leave, including breaks)? (Click of the box to select the number of hours) (Select one option)	n
 Less than 1 hour 1 hour 2 hours 3 hours 4 hours 5 hours 6 hours 7 hours 8 hours 9 hours 10 hours 11 hours 12 hours 13 hours 14 hours 15 hours 16 hours 17 hours 18 hours or more 	

k 9.	Do you work part-time or full-time at this factory? (Select one option)
000	Full-time Part-time, but I wish I could work full-time Part-time and that works well for me
k 10	Your work at this factory is (Select one option)
0	Permanent (this means that there is no end date for your employment)
0	
0	Temporary (this means that your work at the factory ends on a specific date, e.g. in two months, and you don't know if you will be re-hired again)
0	will be re-hired again)

* 11.	(Select all that apply)
	Basic fixed salary/wage
	Piece rate or productivity payments
	Extra payments for additional hours of work/overtime
	Extra payments compensating for Sunday work
	Payments based on your individual performance
	Payments based on the performance of your team / working group / department
* 12	How much did you get paid in the most recent payment you received for your work at this factory? Please include the total amount in <i>local currency</i> (rupees) you got paid, including pay for extra hours, overtime, bonuses, etc. Tip: In local currency (rupees) (Enter a value greater than 0)

Never 1 time 2 times 3 times or more	* 13. How many times have you been promoted at this factory? A promotion is when you are raised to a higher work position. (Select one option)	
	O 1 time O 2 times	

* 14.	Is there a formal group at this factory for managers and workers to discuss problems in the workplace and jointly find solutions to those problems? These groups can be called unions, employee associations, or employeemanagement committees. (Select one option)
0	Yes
0	No
0	I don't know / I'm not sure
NOTI	E: Answer the below question only if answer to Q#14 is Yes
* 15.	How effective is the group (union, employee association, or employee-management committee) in helping improve the well-being of workers at this factory? (Select one option)
0	Very effective
Ö	Somewhat effective
0	Somewhat ineffective
0	Very ineffective
0	I don't know / I'm not sure
NOTE	E: Answer the below question only if answer to Q#14 is Yes
NOTE	. Answer the below question only it answer to Q#14 is res
* 16.	How would you describe factory management's general attitude towards these types of groups (union, employee association, or employee-management committee)? (Select one option)
0	Management is in favour of manager-worker groups.
0	Management is not in favour of manager-worker groups
0	Management is neutral about manager-worker groups
0	I don't know / I'm not sure

Tell us	about y	our well-	being						
			content) a				se days	s? (0 =	Not at
0	1	2	3 4	5	6	7	8	9	10
0	0	0	0 0	0	0	0	0	0	0
Not At All Satisfied									Extremely Satisfied
* How w	ould you	ı rate you	ır <u>GENERA</u>	L HEALTH	<u>/</u> ? (Select o	one option)			
1	2	3	4	5					
0	0	0	0	0					
Poor	Fair	Good	Very Good	Excellent					

* 19	Now thinking specifically about your <u>PHYSICAL HEALTH</u> , which is the health of your body and includes physical illness and injury, how many days during the past 30 days was your physical health <u>NOT GOOD</u> ? (Click on the box to select the number of days) (Select one option)
0	None
0	1 day
0	2 days
0	3 days
0	4 days
0	5 days
0	6 days
0	7 days
O	8 days
0	9 days
0	10 days
0	11 days 12 days
	13 days
\circ	14 days
\circ	15 days
$\tilde{\circ}$	16 days
$\tilde{\circ}$	17 days
Õ	18 days
Ö	19 days
Ö	20 days
0	21 days
0	22 days
0	23 days
0	24 days
0	25 days
0	26 days
0	27 days
0	28 days
Ō	29 days
O	30 days

* 20.	Now thinking specifically about your <u>MENTAL HEALTH</u> , which includes stress, depression, and problems with emotions, how many days during the past 30 days was your mental health <u>NOT GOOD</u> ? (Click on the box to select the number of days) (Select one option)
000000000000000000000000000000000000000	None 1 day 2 days 3 days 4 days 5 days 6 days 9 days 10 days 11 days 12 days 13 days 14 days 15 days 10 days 11 days 12 days 12 days 13 days 14 days 15 days 14 days 15 days 16 days 17 days 18 days 19 days 17 days 18 days 19 days 10 days 11 days 12 days 13 days 14 days 15 days 16 days 17 days 18 days 19 days 19 days 20 days 21 days 22 days 23 days 24 days 25 days 26 days 27 days 28 days 29 days 30 days

* 21.	During the past 30 days, how many days did <u>POOR PHYSICAL HEALTH or</u> <u>POOR MENTAL HEALTH</u> keep you from doing your usual activities, like taking care of yourself, work, or leisure? (Click on the box to select the number of
	days) (Select one option)
0	None
Õ	1 day
Ö	2 days
0	3 days
Ö	4 days
0	5 days
0	6 days
0	7 days
0	8 days
0	9 days
0	10 days
0	11 days
0	12 days
0	13 days
0	14 days
0	15 days
0	16 days
0	17 days
0	18 days
0	19 days
0	20 days
0	21 days
0	22 days
0	23 days
0	24 days
0	25 days
0	26 days
0	27 days
0	28 days
0	29 days
0	30 days

* 22.	During the past 30 days, how many days did <u>PAIN</u> make it hard for you to do your usual activities, like taking care of yourself, work, or leisure? (Click on the box to select the number of days) (Select one option)
0	None
$\tilde{\circ}$	1 day
$\tilde{\circ}$	2 days
Õ	3 days
$\tilde{\circ}$	4 days
$\tilde{\circ}$	5 days
$\tilde{\circ}$	6 days
$\tilde{\circ}$	7 days
$\tilde{\circ}$	8 days
$\tilde{\circ}$	9 days
$\tilde{\circ}$	10 days
$\tilde{\circ}$	11 days
Õ	12 days
Õ	13 days
Õ	14 days
Ö	15 days
Ö	16 days
Õ	17 days
Ö	18 days
Ö	19 days
0	20 days
0	21 days
0	22 days
0	23 days
0	24 days
0	25 days
0	26 days
0	27 days
0	28 days
0	29 days
0	30 days

* 23.	During the past 30 days, how many days did you feel <u>SAD or DEPRESSED</u> ? (Click on the box to select the number of days) (Select one option)
0	None
Ö	1 day
Ö	2 days
0	3 days
0	4 days
0	5 days
0	6 days
0	7 days
0	8 days
0	9 days
0	10 days
0	11 days
0	12 days
0	13 days
0	14 days
0	15 days
0	16 days
0	17 days
0	18 days
0	19 days
0	20 days
0	21 days
O	22 days
O	23 days
0	24 days
0	25 days
0	26 days
0	27 days
0	28 days
0	29 days
O	30 days

k 24.	During the past 30 days, how many days did you feel <u>WORRIED</u> , <u>TENSE</u> , <u>or ANXIOUS</u> ? (Click on the box to select the number of days) (Select one option)
0	None
0	1 day 2 days
0	3 days
Õ	4 days
ŏ	5 days
Õ	6 days
Õ	7 days
Ö	8 days
0	9 days
0	10 days
0	11 days
0	12 days
0	13 days
0	14 days
0	15 days
0	16 days
0	17 days
0	18 days
0	19 days
0	20 days
0	21 days
0	22 days
0	23 days
0	24 days
0	25 days
0	26 days
0	27 days 28 days
0	29 days
Ö	30 days
O	Jo days

* 25.	During the past 30 days, how many days did you <u>NOT get enough SLEEP</u> ? (Click on the box to select the number of days) (Select one option)
000000000000000000000000000000000000000	Click on the box to select the number of days) (select one option) None 1 day 2 days 3 days 4 days 5 days 6 days 7 days 8 days 9 days 10 days 11 days 12 days 13 days 14 days
0000000000000000	15 days 16 days 17 days 18 days 19 days 20 days 21 days 22 days 23 days 24 days 25 days 26 days 27 days 28 days 29 days 30 days
* 26.	During the past 30 days, how many times did you suffer a work injury that caused you to slow down production, stop work, or miss work? (Click on the box to select an answer) (Select one Option)
000000	Never 1 time 2 times 3 times 4 times 5 times or more

$^{st27\cdot}$ In the past 6 months, how many times did you fair	nt AT WORK? (Select one option)
Never1 time2 times3 times or more	

^{28.} How much do you agree with the following								
	Strongly Disagree	Disagree	Agree	Strongly Agree				
*(a) I know what is expected of me at work	0	0	0	0				
*(b) I get to decide how I do my job	0	0	0	0				
*(c) I have a lot of say about what happens in the factory	0	0	0	0				
*(d) I get to use my best skills and talents at work	0	0	0	0				
*(e) I feel recognized for my work	0	0	0	0				
*(f) My supervisor treats me fairly	0	0	0	0				

^{29.} How much do you agree with the following...

	Strongly Disagree	Disagree	Agree	Strongly Agree
*(a) My supervisor is helpful	0	0	0	0
*(b) My supervisor truly cares about me	0	0	0	0
*(c) I feel like I'm part of a team at work	0	0	0	0
*(d) Some of my coworkers are personal friends	0	0	0	0

^{30.} How much do you agree with the following							
	Agree	e Strongly Agree					
*(a) I can depend on my coworkers for help	0	0	0	0			
*(b) I have sufficient rest/break time	0	0	0	0			
*(c) My schedule is predictable	0	0	0	0			
*(d) It's easy to take time off to take care of personal things	0	0	0	0			

31. How much do you agree with the following							
	Strongly Agree						
*(a) I have too much to do to do a good job	0	0	0	0			
(b) My job is stressful	0	0	0	0			
(c) I work too many long hours or too many overtime hours	0	0	0	0			
(d) Demands of my job interfere with my home life	0	0	0	0			
(e) I worry about losing my job	0	0	0	0			

^{32.} In the past 30 days, how often did these conditions prevent you from doing your job properly?

	Never	Occasionally	Frequently	All the time
*(a) Temperature	0	0	0	0
*(b) Humidity	0	0	0	0
*(c) Lighting	0	0	0	0
*(d) Air Quality (how dirty the air is)	0	0	0	0
*(e) Air Flow (the air doesn't move properly in the building)	0	0	0	0

^{33.} In the past 30 days, how often did these conditions prevent you from doing your job properly?

	Never	Occasionally	Frequently	All the time
*(a) Noise	0	0	0	0
*(b) Machines/ Tools don't work properly	0	0	0	0
*(c) Not having enough tools	0	0	0	0
*(d) Uncomfortable/ awkward position	0	0	0	0
*(e) Prolonged position (constant standing or sitting)	0	0	0	0

 $^{34.}$ On a scale of 0 to 6, how strongly do you feel the following about your job? (0 = I do not feel this at all, and 6 = I feel this all of the time)

	I do not feel this at all 0	1 2 3 4 5	I feel this all of the time 6
*(a) At my work, I feel full of energy	0	00000	0
*(b) I love my job	0	00000	0
*(c) I feel happy when I am working hard	0	00000	0
*(d) At my job, I feel strong and active	0	00000	0
*(e) My job inspires me	0	00000	0

^{35.} On a scale of 0 to 6, how strongly do you feel the following about your job? (0 = I do not feel this at all, and 6 = I feel this all of the time)

	I do not feel this at all 0	1 2 3 4 5	I feel this all of the time 6
*(a) I am so busy doing my work that I forget about time/hours	0	00000	0
*(b) When I get up in the morning, I feel like going to work	0	00000	0
*(c) I am proud of the work I do	0	00000	0
*(d) I get really excited at work	0	00000	0

^{36.} During the past 30 days, how often did you feel the following while <u>AT WORK?</u>								
	Never	Occasionally	Frequently	All the time				
*(a) Thirsty	0	0	0	0				
*(b) Uncomfortably hungry	0	0	0	0				

* Overal 10 = I	-	_	_	r job at		ctory? (0 = I Do	Not Lil	ke It At	All and
0	1	2	3	4	5	6	7	8	9	10
0	0	0	0	0	0	0	0	0	0	0
I Do Not Like It At All										I Like It Very Much
* What o	-				of the (Select one		your co	oworker	rs? (0 =	Poor
0	1	2	3	4	5	6	7	8	9	10
0	0	0	0	0	0	0	0	0	0	0
Poor Quality										Excellent Quality

^{39.} In the last 12 months, how often have you felt that people treated you badly at work because of...

	Never	Occasionally	Frequently	All the time
*(a) Your gender	0	0	0	0
*(b) Your race/ethnicity	0	0	0	0
*(c) Your religion	0	0	0	0
*(d) You are not from this region (you are a migrant worker)	0	0	0	0

* 40. Do you plan to quit your job in the next 12 months? (Select one option)						
O Yes O No						
O I don't know / I'm not sure						

^{41.} How much do you agree with the following									
	Strongly Disagree	Disagree	Agree	Strongly Agree					
*(a) Management truly cares about the health and well-being of employees	0	0	0	0					
*(b) Safety is a high priority in my workplace	0	0	0	0					
*(c) Employees feel they are treated respectfully	0	0	0	0					
*(d) Employees trust management	0	0	0	0					
*(e) Employees feel they are treated fairly	0	0	0	0					

42. How much do you agree with the following									
	Strongly Disagree	Disagree	Agree	Strongly Agree					
*(a) There are opportunities for advancement or a higher position in the factory	0	0	0	0					
*(b) My employer pays me fairly for my work	0	0	0	0					
*(c) Management helps me deal with stressful situations at work	0	0	0	0					
*(d) The factory offers employees training opportunities to improve or gain more skills	0	0	0	0					

* 43	In the last 12 months, how many times have you been yelled at, shouted at, or cursed at while <u>AT WORK</u> ? (Select one option)
0000	Never 1 time 2-3 times 4 times or more I don't know / I'm not sure
* 44	In the last 12 months, how many times did you experience unwelcome sexual advances, requests for sexual favors, or other verbal or physical harassment of a sexual nature (sexual harassment) <u>AT WORK</u> ? (Select one option)
00000	Never 1 time 2-3 times 4 times or more I don't know / I'm not sure
* 45	Poes sexual harassment happen at the factory? (Select one option) Yes No I don't know / I'm not sure

Tell us about your personal life.

Technical School/Vocational TrainingUniversity (undergraduate degree)

O Masters degree or higher

* 46. What is your gender? (Select one option) O Male O Female O I choose not to answer * 47. What is your marital status? (Select one option) Married Widowed O Divorced Separated O Single/Never married O Living Together With My Partner, But Not Married * 48. What is the highest level of education that you have completed? (Select one option) O Primary School (Grades 1 - 5) Secondary School (Grades 6 - 9) O GCE O/L (Grades 10 - 11) O GCE A/L (Grades 12 - 13)

* 49	How many of your <u>children UNDER the age of 18</u> do you support with the money you make at the factory? If you do not have children or all of your children are 18 years old or above, please select "None" below. (Select one option)
	None 1 child 2 children 3 children 4 children or more
* 5(How many other relatives (<u>not including children under the age of 18</u>) do you take care of with the money you make at the factory? (Select one option)
	None 1 relative 2 relatives 3 relatives or more
* 51	Proposed Pro

* How n								onthly li me) (Sele		ion)
0	1	2	3	4	5	6	7	8	9	10
0	0	0	0	0	0	0	0	0	0	0
I Never Worry										I Worry Al the Time
* How much do you worry about safety, food, or housing? (0 = I Never Worry and 10 = I Worry All the Time) (Select one option)										
0	1	2	3	4	5	6	7	8	9	10
0	0	0	0	0	0	0	0	0	0	0
I Never Worry										I Worry Al the Time
* 54. Suppose you had an emergency and needed <u>25,000 rupees (Rs)</u> . Based on your current earnings, how would you pay this emergency? (Select one option)										
O Use th	ne money th	at is in my	checking/sa	vings accour	nt or with ca	sh				
_	,			one (friend, 1	family, etc.)					
_	ld not be ab	. ,		right now						
O Other	(Please spe	ecify)								